

Pl	tnr	Name	Kat	Zeit														
A3 (18)					6,7 km 205 Hm			14 P (Forts.)										
					1(58) Ziel	2(59)	3(60)	4(61)	5(62)	6(63)	7(55)	8(65)	9(73)	10(74)	11(75)	12(76)	13(78)	14(100)
14		Daniel Schneider OL Team Lippe	H45	1:42:00	25:58 25:58 1:42:00 0:15	28:10 2:12	31:07 2:57	34:49 3:42	39:17 4:28	44:04 4:47	55:30 11:26	1:17:25 21:55	1:28:06 10:41	1:30:58 2:52	1:32:51 1:53	1:37:45 4:54	1:39:38 1:53	1:41:45 2:07
		Anna Gierlach WOLF Haltern	D19L	Fehlst	7:42 7:42 1:35:24 0:16	11:53 4:11	16:40 4:47	22:58 6:18	32:06 9:08	39:02 6:56	53:12 14:10	1:08:56 15:44	1:20:37 11:41	1:24:23 3:46	1:28:00 3:37	----- -----	----- -----	1:35:08 7:08
		Michael Margolin Kölnener OL-Team	H45	Fehlst	13:33 13:33 1:38:34 9:27	16:14 2:41	20:18 4:04	24:09 3:51	31:33 7:24	36:51 5:18	47:36 10:45	58:51 11:15	1:24:39 25:48	1:29:07 4:28	----- -----	----- -----	----- -----	----- -----
		Lea Stölting OL Team Lippe	D19L	Aufg	21:51 21:51 1:40:03 15:31	24:20 2:29	27:26 3:06	30:49 3:23	35:27 4:38	40:17 4:50	51:24 11:07	1:13:27 22:03	1:24:32 11:05	----- -----	----- -----	----- -----	----- -----	----- -----
		Richard Karski OLG Siegerland	H45	Aufg	16:42 16:42	19:53 3:11	23:32 3:39	27:39 4:07	32:57 5:18	38:38 5:41	51:50 13:12	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
B1 (19)					4,9 km 145 Hm			14 P										
					1(42) Ziel	2(43)	3(44)	4(45)	5(46)	6(47)	7(48)	8(49)	9(50)	10(51)	11(52)	12(53)	13(54)	14(100)
1		Michael Kukis OSC Kassel	H55	48:04	3:05 3:05 48:04 0:14	5:51 2:46	7:20 1:29	10:43 3:23	16:26 5:43	22:21 5:55	25:43 3:22	27:54 2:11	30:41 2:47	41:25 10:44	43:27 2:02	45:19 1:52	46:55 1:36	47:50 0:55
2		Thomas Reinitz TSC Eintracht Dort	H55	50:39	2:33 2:33 50:39 0:11	7:37 5:04	10:55 3:18	15:37 4:42	22:24 6:47	28:54 6:30	32:57 4:03	35:21 2:24	38:46 3:25	43:51 5:05	46:00 2:09	48:12 2:12	49:35 1:23	50:28 0:53
3		Ole-Johan Wittiber Skiclub Bonn	H16	54:19	2:23 2:23 54:19 0:09	9:39 7:16	10:49 1:10	16:03 5:14	21:59 5:56	28:11 6:12	32:48 4:37	34:44 1:56	37:22 2:38	43:45 6:23	49:19 5:34	51:17 1:58	53:11 1:54	54:10 0:59
4		Kirsten Kolbe TuS Lübbecke	D45	57:53	3:45 3:45 57:53 0:19	7:28 3:43	9:42 2:14	14:48 5:06	21:57 7:09	29:34 7:37	34:50 5:16	37:54 3:04	42:10 4:16	48:36 6:26	50:59 2:23	54:21 3:22	56:09 1:48	57:34 1:25
5		Almut Kammholz Kölnener OL-Team	D45	1:00:59	3:23 3:23 1:00:59 0:15	7:36 4:13	10:12 2:36	15:57 5:45	24:29 8:32	31:38 7:09	36:20 4:42	39:27 3:07	43:12 3:45	49:50 6:38	52:49 2:59	56:14 3:25	59:09 2:55	1:00:44 1:35
6		Jan Otto Henneberg OL Team Lippe	H16	1:02:19	3:53 3:53 1:02:19 0:10	8:46 4:53	10:38 1:52	15:15 4:37	23:00 7:45	32:07 9:07	36:28 4:21	38:51 2:23	42:25 3:34	50:42 8:17	57:21 6:39	59:19 1:58	1:00:54 1:35	1:02:09 1:15
7		Volker Moll OLG Siegerland	H55	1:03:15	2:57 2:57 1:03:15 0:13	7:09 4:12	8:52 1:43	15:00 6:08	23:30 8:30	34:29 10:59	38:34 4:05	41:56 3:22	46:39 4:43	53:19 6:40	56:40 3:21	59:34 2:54	1:01:28 1:54	1:03:02 1:34
8		Peter Gierlach WOLF Haltern	H55	1:05:34	4:06 4:06 1:05:34 0:14	8:31 4:25	10:42 2:11	16:16 5:34	25:33 9:17	36:01 10:28	40:32 4:31	43:31 2:59	48:01 4:30	55:02 7:01	59:37 4:35	1:02:18 2:41	1:04:11 1:53	1:05:20 1:09
9		Arvid Wittiber Skiclub Bonn	H16	1:09:14	3:27 3:27 1:09:14 0:11	9:50 6:23	11:51 2:01	17:13 5:22	26:52 9:39	38:29 11:37	43:10 4:41	46:02 2:52	49:12 3:10	1:01:40 12:28	1:03:59 2:19	1:06:20 2:21	1:08:03 1:43	1:09:03 1:00
10		Finn Tisius OL Team Lippe	H16	1:11:48	7:44 7:44 1:11:48 0:12	16:25 8:41	18:01 1:36	24:05 6:04	31:42 7:37	42:36 10:54	47:30 4:54	51:08 3:38	54:50 3:42	1:03:19 8:29	1:05:55 2:36	1:08:40 2:45	1:10:46 2:06	1:11:36 0:50
11		Denise Hölzer OL Team Lippe	D17K	1:13:28	6:40 6:40 1:13:28 0:13	11:50 5:10	15:43 3:53	22:51 7:08	31:17 8:26	40:20 9:03	44:02 3:42	46:54 2:52	51:18 4:24	1:00:31 9:13	1:05:54 5:23	1:09:21 3:27	1:12:06 2:45	1:13:15 1:09
12		Michael Zwicke DJK Adler 07 Bottro	H55	1:14:32	6:06 6:06 1:14:32 0:15	9:31 3:25	13:54 4:23	19:46 5:52	28:08 8:22	40:17 12:09	46:20 6:03	48:41 2:21	52:18 3:37	58:28 6:10	1:08:25 9:57	1:10:49 2:24	1:13:08 2:19	1:14:17 1:09
13		Nadezda Zakharova OLG Siegerland	D45	1:15:13	4:06 4:06 1:15:13 0:18	8:06 4:00	10:30 2:24	16:18 5:48	26:06 9:48	36:02 9:56	41:30 5:28	45:18 3:48	49:38 4:20	57:25 7:47	1:08:29 11:04	1:11:49 3:20	1:13:40 1:51	1:14:55 1:15

Pl	tnr	Name	Kat	Zeit														
B1 (19)				4,9 km 145 Hm	14 P (Forts.)													
					1(42) Ziel	2(43)	3(44)	4(45)	5(46)	6(47)	7(48)	8(49)	9(50)	10(51)	11(52)	12(53)	13(54)	14(100)
14		Hans-Joachim Glow TSC Eintracht Dort	H55	1:15:45	3:25 3:25 1:15:45 0:26	7:13 3:48	10:44 3:31	16:22 5:38	26:46 10:24	36:06 9:20	45:40 9:34	49:19 3:39	53:57 4:38	1:05:38 11:41	1:08:06 2:28	1:11:25 3:19	1:13:40 2:15	1:15:19 1:39
15		Uwe Bürger TSC Eintracht Dort	H55	1:38:24	4:59 4:59 1:38:24 0:14	15:37 10:38	18:07 2:30	30:10 12:03	43:23 13:13	52:24 9:01	58:05 5:41	1:01:32 3:27	1:06:35 5:03	1:22:14 15:39	1:25:28 3:14	1:30:12 4:44	1:36:20 6:08	1:38:10 1:50
16		Brigitte Dersch-Koll Ski-Club Helsa	D45	1:40:21	5:20 5:20 1:40:21 0:26	23:16 17:56	26:27 3:11	33:49 7:22	44:49 11:00	1:00:49 16:00	1:08:45 7:56	1:13:07 4:22	1:18:27 5:20	1:27:38 9:11	1:31:18 3:40	1:35:17 3:59	1:37:45 2:28	1:39:55 2:10
		Klaus Prunsche TuS Lübbecke	H55	Fehlst	3:04 3:04 1:00:33 0:17	----- 8:05	11:09 5:13	16:22 7:54	24:16 8:46	33:02 8:46	37:33 4:31	40:37 3:04	44:40 4:03	51:31 6:51	54:23 2:52	56:57 2:34	58:59 2:02	1:00:16 1:17
		Christoph Kulezysk LTV Westfalen	H16	Fehlst	4:35 4:35 1:22:35 0:23	----- 18:54	23:29 7:19	30:48 10:31	41:19 15:01	56:20 15:01	1:00:56 4:36	1:02:53 1:57	1:05:39 2:46	1:11:54 6:15	1:17:24 5:30	1:19:19 1:55	1:21:02 1:43	1:22:12 1:10
		Pia Caspari OL Team Lippe	D45	Aufg	10:01 10:01 1:01:51 0:17	15:46 5:45	23:09 7:23	30:38 7:29	42:17 11:39	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	1:01:34 19:17
B2 (17)				4,0 km 125 Hm	11 P													
					1(42)	2(43)	3(44)	4(45)	5(57)	6(55)	7(51)	8(52)	9(40)	10(54)	11(100)	Ziel		
1		Emma Caspari OL Team Lippe	D16	41:27	2:43 2:43	5:39 2:56	9:19 3:40	14:27 5:08	17:19 2:52	25:58 8:39	32:42 6:44	36:17 3:35	38:23 2:06	40:22 1:59	41:17 0:55	41:27 0:10	35:20 *76	
2		Lisa Harms WOLF Haltern	D16	46:02	3:22 3:22	11:25 8:03	12:55 1:30	18:04 5:09	21:30 3:26	31:15 9:45	38:24 7:09	40:06 1:42	42:35 2:29	44:54 2:19	45:50 0:56	46:02 0:12		
3		Heinz Friedrich Pap OL Team Lippe	H65	49:08	3:16 3:16	7:20 4:04	9:09 1:49	14:27 5:18	17:49 3:22	29:29 11:40	36:25 6:56	40:50 4:25	44:44 3:54	47:34 2:50	48:51 1:17	49:08 0:17		
4		Louisa Kollenbach Ski-Club Helsa	D16	49:57	3:03 3:03	8:51 5:48	11:21 2:30	16:48 5:27	20:32 3:44	32:47 12:15	38:58 6:11	43:18 4:20	46:41 3:23	48:40 1:59	49:44 1:04	49:57 0:13		
5		Dieter Schlaefke DJK Adler 07 Bottro	H65	56:51	3:20 3:20	6:42 3:22	10:11 3:29	15:31 5:20	18:59 3:28	36:18 17:19	43:08 6:50	49:34 6:26	52:29 2:55	55:13 2:44	56:37 1:24	56:51 0:14		
6		Dirk Zwikker Argus	H65	56:54	3:35 3:35	7:27 3:52	9:36 2:09	16:21 6:45	20:07 3:46	34:43 14:36	42:50 8:07	48:54 6:04	52:20 3:26	55:21 3:01	56:38 1:17	56:54 0:16		
7		Barbara Glowka TSC Eintracht Dort	D55	1:03:29	4:10 4:10	9:34 5:24	17:05 7:31	23:11 6:06	27:44 4:33	42:54 15:10	50:49 7:55	54:46 3:57	58:23 3:37	1:01:55 3:32	1:03:09 1:14	1:03:29 0:20		
8		Lena Wittwer OL Team Lippe	D16	1:12:46	3:44 3:44	9:26 5:42	17:22 7:56	22:39 5:17	26:33 3:54	39:36 13:03	48:33 8:57	1:03:11 14:38	1:07:49 4:38	1:11:12 3:23	1:12:34 1:22	1:12:46 0:12		
9		Chiara Pfromm WOLF Haltern	D16	1:24:51	4:50 4:50	12:47 7:57	18:55 6:08	26:35 7:40	34:02 7:27	48:18 14:16	55:53 7:35	1:15:25 19:32	1:19:50 4:25	1:23:14 3:24	1:24:36 1:22	1:24:51 0:15		
10		Kornelia Mock TSC Eintracht Dort	D55	1:28:07	6:15 6:15	15:35 9:20	19:01 3:26	28:28 9:27	34:56 6:28	57:43 22:47	1:09:13 11:30	1:14:01 4:48	1:19:22 5:21	1:25:18 5:56	1:27:37 2:19	1:28:07 0:30		
11		Karlotta Röhring WOLF Haltern	D16	1:28:50	15:35 15:35	21:40 6:05	29:50 8:10	37:46 7:56	42:32 4:46	57:59 15:27	1:11:34 13:35	1:17:39 6:05	1:22:23 4:44	1:26:17 3:54	1:28:31 2:14	1:28:50 0:19		
12		Jörg Herbrand TV Wanheimerort	H65	1:29:05	4:57 4:57	19:44 14:47	23:06 3:22	33:10 10:04	39:01 5:51	58:48 19:47	1:10:14 11:26	1:16:12 5:58	1:20:55 4:43	1:26:25 5:30	1:28:37 2:12	1:29:05 0:28		
13		Werner Klawun Sachsen Marathon	H65	1:40:37	3:34 3:34 1:21:39	7:26 3:52	9:47 2:21	16:15 6:28	20:03 3:48	1:13:03 53:00	1:26:43 13:40	1:32:44 6:01	1:35:48 3:04	1:39:14 3:26	1:40:21 1:07	1:40:37 0:16	5:24 *32	
14		Maria Gierlach WOLF Haltern	D55	2:07:43	8:43 8:43	17:59 9:16	27:41 9:42	41:01 13:20	49:55 8:54	1:18:05 28:10	1:37:56 19:51	1:45:45 7:49	1:54:45 9:00	2:03:51 9:06	2:07:19 3:28	2:07:43 0:24		
15		Sabine Bohl Ski-Club Unna	D55	2:10:59	10:28 10:28	21:30 11:02	30:33 9:03	43:59 13:26	53:17 9:18	1:21:48 28:31	1:40:54 19:06	1:48:44 7:50	1:57:44 9:00	2:07:01 9:17	2:10:17 3:16	2:10:59 0:42		
		Reinhard In der Str Osnabrücker TB	H65	Fehlst	3:13 3:13	7:22 4:09	9:14 1:52	16:44 7:30	20:19 3:35	30:31 10:12	36:56 6:25	39:22 2:26	----- 4:15	43:37 1:12	44:49 1:12	45:04 0:15	41:51 *53	
		Johannes Müssen SuS Vehrte	H65	N Ang														
B3 (11)				2,5 km 65 Hm	10 P													
					1(42)	2(81)	3(79)	4(56)	5(38)	6(51)	7(52)	8(53)	9(41)	10(100)	Ziel			
1		Gerrit Krause TSC Eintracht Dort	H75	24:52	3:43 3:43	6:46 3:03	10:27 3:41	12:41 2:14	14:42 2:01	15:47 1:05	18:17 2:30	21:20 3:03	23:15 1:55	24:39 1:24	24:52 0:13			
2		Günter Gohde Turn Klubb zu Han	H75	28:42	3:38 3:38	6:36 2:58	10:04 3:28	12:38 2:34	15:07 2:29	16:18 1:11	19:46 3:28	23:19 3:33	26:49 3:30	28:24 1:35	28:42 0:18			
3		Christa Zwikker Argus	D65	33:35	5:08 5:08	9:29 4:21	13:59 4:30	17:18 3:19	20:20 3:02	21:55 1:35	24:56 3:01	29:31 4:35	31:42 2:11	33:16 1:34	33:35 0:19			
4		Siegmar Breckle Bielefelder TG	H75	36:25	4:52 4:52	8:18 3:26	12:47 4:29	21:24 8:37	24:39 3:15	25:53 1:14	28:25 2:32	31:54 3:29	34:11 2:17	36:08 1:57	36:25 0:17			
5		Hildegard Rehorst TSC Eintracht Dort	D65	37:51	6:34 6:34	10:33 3:59	15:25 4:52	19:08 3:43	23:03 3:55	24:51 1:48	28:23 3:32	32:34 4:11	35:30 2:56	37:31 2:01	37:51 0:20			

